

# Counselor Preparation Comprehensive Examination (CPCE)

## Textbook List 2014

Compiled by



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This list of textbooks may serve as a study aid for the Counselor Preparation Comprehensive Examination (CPCE). The included textbooks are commonly assigned in coursework covering the eight CACREP core areas. This list is organized by area in descending order of frequency of assignment (with the most frequently assigned at the top). Although CPCE item writers do refer to these textbooks and recommend them as study aids, inclusion and ranking on this list do not constitute endorsement of any particular textbook over another.

## **Human Growth and Development**

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.

Santrock, J. W. (2010). *Life-span development* (13th ed.). New York, NY: McGraw-Hill.

Gilligan, C. (1993). *In a different voice: Psychological theory and women's development* (6th ed.). Cambridge, MA: Harvard University Press.

Ivey, M.B, Myers, J.E, Sweeney, T.A. & Ivey, A.E. (2007). *Developmental counseling and therapy: Promoting wellness over the lifespan* (2nd ed.). Pacific Grove, CA: Brooks/Cole.

## **Social and Cultural Diversity**

Sue, D. W., & Sue, D. (2012). *Counseling the culturally diverse: Theory and practice* (6th ed.). New York, NY: Wiley.

Atkinson, D. R. (2003). *Counseling American minorities: A cross-cultural perspective* (6th ed.) New York, NY: McGraw-Hill.

Goldenberg, I, & Goldenberg, H. (2012). *Family therapy: An overview* (8th ed.). Pacific Grove, CA: Brooks/Cole.

Ivey, A. E., D'Andrea, M.J., & Ivey, M. B., & Simek-Morgan, L. (2011). *Counseling and psychotherapy: A multicultural perspective* (7th ed.). Boston, MA: Allyn & Bacon.

McGoldrick, M., Pearce, J. K., & Giordana, J. (Eds.). (2005). *Ethnicity and family therapy* (3rd ed.). New York, NY: Guilford Press.

Ponterotto, J., Casas, J. M., Suzuki, L. A., & Alexander, C. M. (Eds.). (2009). *Handbook of multicultural counseling* (3rd ed.). Newbury Park, CA: Sage.

Sue, D. W., Ivey, A.E., & Pederson. P.B. (1996). *A theory of multicultural counseling and therapy*. Pacific Grove, CA: Brooks/Cole.

Smith, T.B. (2004). *Practicing multiculturalism: Affirming diversity in counseling and psychology*. New York, NY: Pearson.

## Helping Relationships

Corey, G. (2012). *Theory and practice of counseling and psychotherapy* (9th ed.). Pacific Grove, CA: Brooks/Cole.

Corey, G. (2012). *Student manual for theory and practice of counseling and psychotherapy*. Pacific Grove, CA: Brooks/Cole.

Egan, G. (2013). *Exercises in helping: A training manual to accompany the skilled helper* (8th ed.). Belmont, CA: Wadsworth.

Egan, G. (2013). *The skilled helper: A problem management approach to helping* (9th ed.). Belmont, CA: Wadsworth.

Hackney, H., & Cormier, L. S. (2012). *The professional counselor: A process guide to helping* (7th ed.). Boston, MA: Allyn & Bacon.

Ivey, A. E., Ivey, M.B., & Zalaquett, C.P. (2013). *Intentional interviewing and counseling: Facilitating a client development in a multicultural society* (8th ed.). Belmont, CA: Wadsworth.

Cormier, L. S., & Hackney, H. (2007). *Counseling strategies and interventions* (7th ed.). Boston, MA: Allyn & Bacon.

Corsini, R. J. & Wedding, D. (2011). *Current psychotherapies* (8th ed.). Itasca, IL: Peacock.

Sharf, R. S. (2011). *Theories of psychotherapy and counseling: Concepts and cases* (5th ed.). Belmont, CA: Wadsworth.

Evans, D. R., Hearn, M. T., Uhlemann, M. R., & Ivey, A. E. (2010). *Essential interviewing: A programmed approach to effective communication* (7th ed.). Belmont, CA: Brooks/Cole.

Goldenberg, I., & Goldenberg, H. (2012). *Family therapy: An overview* (8th ed.). Pacific Grove, CA: Brooks/Cole.

Nichols, M. (2010). *Family therapy: Concepts and methods* (10th ed.). Boston, MA: Allyn & Bacon.

Henderson, D. A. & Thompson, C.L. (2010). *Counseling children* (8th ed.). Belmont, CA: Wadsworth.

Young, M. E. (2012). *Learning the art of helping: Building blocks and techniques* (5th ed.). Columbus, OH: Merrill-Prentice Hall.

## **Group Work**

Corey, G. (2008). *Theory and practice of group counseling* (8th ed.). Pacific Grove, CA: Brooks/Cole.

Corey, G., & Corey, M. S. (2013). *Groups: Process and practice* (8th ed.). Pacific Grove, CA: Brooks/Cole.

Yalom, I. D. (2005). *Theory and practice of group psychotherapy* (5th ed.). New York, NY: Basic Books.

Corey, G. (2013). *Student manual for theory and practice of group counseling* (5th ed.). Pacific Grove, CA: Brooks/Cole.

Capuzzi, D., Gross, D. R. & Stauffer, M. D. (Eds.). (2011). *Introduction to group counseling* (5th ed.). Denver, CO: Love.

Gladding, S. (2011). *Group work: A counseling specialty* (6th ed.). Englewood Cliffs, NJ: Prentice Hall.

## **Career Development**

Zunker, V. G. (2011). *Career counseling: A holistic approach* (8th ed.). Belmont, CA: Wadsworth.

Sharf, R. (2013). *Applying career development theory to counseling* (6th ed.). Pacific Grove, CA: Brooks/Cole.

Brown, D. (2011). *Career information, career counseling, and career development* (10th ed.). Boston, MA: Allyn & Bacon.

Herr, E. L., Cramer, S. H., & Niles, S. G. (2003). *Career guidance and counseling through the lifespan: Systematic approaches* (6th ed.). Boston, MA: Allyn & Bacon.

Zunker, V. G., & Osborn, D. S. (2011). *Using assessment results for career development* (8th ed.). Belmont, CA: Wadsworth.

Niles, S. G., & Harris-Bowlesby, J. (2012). *Career development interventions in the 21<sup>st</sup> century* (4th ed.). Englewood Cliffs, NJ: Prentice-Hall.

## **Assessment**

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.
- Drummond, R. J & Karyn Dayle Jones. (2009). *Appraisal procedures for counselors and helping professionals* (7th ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Anastasi, A., & Urbina, S. (1997). *Psychological testing* (7th ed.). New York, NY: Prentice Hall.
- Cohen, R. J., & Swerdik, M. E. (2012). *Psychological testing and assessment: An introduction to tests and measurement* (8th ed.). New York, NY: McGraw-Hill.
- Hood, A. B., & Johnson, R. W. (2007). *Assessment in counseling: A guide to the use of psychological assessment procedures* (4th ed.). Alexandria, VA: American Counseling Association.
- Walsh, W. B., & Betz. N. E. (2000). *Tests and assessment* (4th ed.). Englewood Cliffs, NJ: Prentice-Hall.
- Kaplan, R. M., & Saccuzzo, D. P. (2008). *Psychological testing: Principles, applications, and issues* (7th ed.). Belmont, CA: Wadsworth.
- Whiston, S.C. (2012). *Principles & applications of assessment in counseling* (4th ed.). Belmont, CA: Wadsworth.

## **Research and Program Evaluation**

- American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.
- Heppner, P. P., & Kivlighan, D. M., & Wampold. B. E. (2007). *Research design in counseling* (3rd ed.). Pacific Grove, CA: Brooks/Cole.

## **Professional Orientation and Ethical Practice**

- American Counseling Association. (2014). *Code of ethics and standards of practice*. Alexandria, VA: Author.
- Corey, G., Corey, M. S., & Callanan, P. (2010). *Issues and ethics in the helping professions* (8th ed.). Pacific Grove, CA: Brooks/Cole.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: Author.

- Gladding, S. (2012). *Counseling: A comprehensive profession* (7th ed.). Englewood Cliffs, NJ: Merrill.
- Herlihy, B., & Corey, G. (2014). *Ethical standards casebook* (7th ed.). Alexandria, VA: American Counseling Association.
- Remley, T. P., Huey, W. C., & Hermann, M. A. (Eds). (2010). *Ethical and legal issues in school counseling* (3rd ed.). Alexandria, VA: American School Counselor Association.
- American Psychological Association. (2010). *Publication manual of the American Psychological Association* (6th ed.). Washington, DC: Author.
- Brown, D. & Srebalus, D. J. (2002). *Introduction to the counseling profession* (3rd ed.). Boston, MA: Allyn & Bacon.
- Gysbers, N. C. & Henderson, P. (2012). *Developing and managing your school guidance program* (5th ed.). Alexandria, VA: American Counseling Association.
- Morrison, J. (2007). *The first interview* (3rd ed.) New York, NY: Guilford Press.
- Neukrug, E. (2011). *The world of the counselor: An introduction to the counseling profession* (4th ed.). New York, NY: Oxford.
- Erford, B. T. (2010). *Transforming the school counseling profession*. (2nd ed.) Upper Saddle River, NJ: Merrill Prentice-Hall.
- Remly, T. P., & Herlihy, B. (2013). *Ethical, legal, and professional issues in counseling*. (4th ed.) Upper Saddle River, NJ: Merrill Prentice-Hall.